

**CHILD AND ADULT DAY CARE FOOD PROGRAM
 MENU PLANNING FORM**

For the Week of
Sep. 2 to 6 20 24

Vivian B. Adams

Name of Center

Week 2

Meals and Required Components	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Milk, fluid	Labor Day Closed	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Juice/Fruit/Vegetable		Juice 100%	Juice 100%	Juice 100%	Juice 100%
Grains/Breads (2 servings)		Sausage Biscuit	Cereal	Waffle Sticks	Cereal
Fruit		Cantaloupe Chunks	Watermelon Chunks /Strawberry Pouch	Mixed Fruit Cup	Applesauce Cup
WW					
LUNCH/SUPPER Milk, fluid	Labor Day Closed	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Meat/Meat Alternate		Chili Crisпитos	Breaded Chicken Breast Patty	Cheeseburger Mac~	Hamburger
Vegetable/Fruit (2 or more)		Lima beans	Creamed Potatoes	Baked Sweet Potatoes *	Oven Fries
		Sliced Carrots	English Peas	Broccoli Florets	Lettuce/ Tomato *
		Mixed Fruit Cup	Sliced Pears	Diced Peach Cup	Sliced Peaches
Grains/Breads (2 or more)					
Other Foods		**Sour Cream**	**Gravy**	**Margarine**	**Pickles**
Diets**/~				No Biscuit **	Beef Patty ~ No Toast **
Soft*				Mashed Sweet Potatoes *	Sliced Carrots * Green beans *

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