

**CHILD AND ADULT DAY CARE FOOD PROGRAM  
 MENU PLANNING FORM**

For the Week of  
Oct 21 to 25 20 24

**Vivian B. Adams**

Name of Center

**Week 2**

Meals and Required Components	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b> Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Juice/Fruit/Vegetable	Juice 100%	Juice 100%	Juice 100%	Juice 100%	Juice 100%
Grains/Breads (2 servings)	Cereal	Maple flavored Pancake	Cereal	Sausage Biscuit	Cereal
Fruit	Banana	Strawberry Pouch	Applesauce Cup	Mixed Fruit Cup	Diced Peaches
<b>WW</b>					
<b>LUNCH/SUPPER</b> Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Meat/Meat Alternate	Chicken Sandwich	Pepperoni Pocket	Country Fried Steak	Chicken Poppers	Fish Sandwich
Vegetable/Fruit (2 or more)	Lettuce/Tomato *	Sliced Carrots	Creamed Potatoes	Sweet Potatoes	Oven Fries
	Potato Bakers	Green beans	Carrots	Broccoli Florets	Baked beans
	Sliced Peaches	Mixed Fruit Cup		Sliced Pears	Mandarin Oranges
Grains/Breads (2 or more)			Biscuit **	Roll **	
Other Foods			Gravy		
Diets**			Biscuit **	No Roll **	
Soft*	Green beans *				

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