

**CHILD AND ADULT DAY CARE FOOD PROGRAM  
 MENU PLANNING FORM**

For the Week of  
March 24 to 28 20 25

**Vivian B. Adams**

Name of Center

**Week 2**

Meals and Required Components	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b> Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Juice/Fruit/Vegetable	Juice 100%	Juice 100%	Juice 100%	Juice 100%	Juice 100%
Grains/Breads (2 servings)	Cereal	Breakfast Burrito	Cereal	Ham Biscuit	Cereal
Fruit	Banana	Diced Peach Cup	Strawberry Pouch	Mixed Fruit Cup	Applesauce Cup
<b>WW</b>					
<b>LUNCH/SUPPER</b> Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Meat/Meat Alternate	Lasagna Roll Up	Chicken Nuggets	Sweet-n-Sour Chicken	Salisbury Steak w/ Gravy	Steak Sandwich
Vegetable/Fruit (2 or more)	Garden Salad *	Green beans	Mixed Vegetables	Creamed Potatoes	Lettuce/Tomato *
	Sliced Carrots	Sweet Potatoes	Mandarin Oranges	English Peas	Oven Fries
	Pineapple Chunks	Fruit Cocktail		Diced Pear Cups	Diced Peach Cup
Grains/Breads (2 or more)		Roll **	Stir Fry Rice w/Vegetables	Biscuit **	
Other Foods					pudding Cup **
Diets**/~		No Roll **		No Biscuit **	Yogurt Cup **
Soft*	English Peas *				Green beans *

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READY, SET...  
SPRING BREAK!