

**CHILD AND ADULT DAY CARE FOOD PROGRAM
MENU PLANNING FORM**

For the Week of
June 23 to 27 20 25

Vivian B. Adams

Name of Center

Week 1

Meals and Required Components	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Juice/Fruit/Vegetable	Juice 100%	Juice 100%	Juice 100%	Juice 100%	Juice 100%
Grains/Breads (2 servings)	Cereal	Sausage Biscuits	Cereal	Mini Waffles	Cereal
Fruit	Strawberry Pouch	Peach Cup	Banana	Mixed Fruit Cup	Applesauce Cup
WW					
LUNCH/SUPPER Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Meat/Meat Alternate	Chicken Nuggets	Chili Crisпитos	Creamy Chicken Bake	Salisbury Steak	Hamburger
Vegetable/Fruit (2 or more)	Sliced Carrots	Sweet Potato Fries	Baked Potato	Creamed Potatoes	Potato Rounds
	Green Beans	Garden Salad *	Broccoli	Lima Beans	Corn Nuggets
	Mandarin Oranges	Mixed Fruit Cup	Sliced Peaches	Fruit Cocktail	Pear Halves
Grains/Breads (2 or more)				Roll**	
	Biscuit**				
Other Foods					
Diets**	No Biscuit**			NO Roll**	
Soft*		Green Beans*			

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