

**CHILD AND ADULT CARE FOOD PROGRAM  
MENU PLANNING FORM**

For the Week of  
July 8 to 11 20 25

**Vivian B. Adams**

Name of Center

Meals and Required Components	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>BREAKFAST</b> Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	
Juice/Fruit/Vegetable	Juice 100%	Juice 100%	Juice 100%	Juice 100%	Juice 100%	
Grains/Breads (2 servings)	Holiday	Steak Biscuit	Cereal	Breakfast Pizza	Cereal	
Fruit		Diced Peach Cup	Banana	Strawberry Pouch	Mixed Fruit Cup	
<b>WW</b>						
<b>LUNCH/SUPPER</b> Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	
Meat/Meat Alternate		Pizza	Country Fried Steak	Lasagna Roll up	Chicken Sandwich	
Vegetable/Fruit (2 or more)		Tater Tots	Whole roasted Potatoes	Corn*	Lettuce/Tomato*	
		Green Salad*	Broccoli Florets	Lima Beans	French Fries	
		Sliced Peaches	Fruit Cocktail	Sliced Pears	Mandarin Oranges	
Grains/Breads (2 or more)			Biscuit*			
Other Foods		LEA: Sweet Potatoes*		LEA: Green Beans*	LEA: Sliced Carrots	
Diets**			No Biscuit*			

Soft*						
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Week 2

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