

**CHILD AND ADULT DAY CARE FOOD PROGRAM
MENU PLANNING FORM**

For the Week of
Nov. 3 to 7 20 25

Vivian B. Adams

Name of Center

Week

Meals and Required Components	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Juice/Fruit/Vegetable	Juice 100%	Juice 100%	Juice 100%	Juice 100%	Juice 100%
Grains/Breads (2 servings)	Cereal	Chicken Biscuit	Cereal	Steak Biscuit	Cereal
Fruit	Banana	Assorted Fruit Cup	Assorted Fruit Cup	Assorted Fruit Cup	Applesauce Cup
WW					
LUNCH/SUPPER Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Meat/Meat Alternate	Chili Crisпитos	Pizza	Chicken Poppers	Meatloaf	Hamburger
Vegetable/Fruit (2 or more)	WK Corn	Sweet Potato Fries	Creamed Potatoes	Turnip Greens Whole	French Fries
	Black Eyed Peas	Garden Salad	Green Beans	Whole Roasted Potatoes	Baked Beans
	Sliced Peaches	Fruit Cocktail	Mandarin Oranges	Applesauce Cup	Pear Halves
Grains/Breads (2 or more)			Roll**	Corn Muffin**	
Other Foods	Taco Sauce/Spur Cream	LEA: Veggies			Lettuce/Tomato/Pickles
Diets**			No Roll**	Corn Muffin**	
Soft*					

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