ALABAMA DEPARTMENT OF EDUCATION
DIVISION OF ADMINISTRATIVE & FINANCIAL SERVICES
CHILD NUTRITION PROGRAM
MONTGOMERY, ALABAMA 36130-2101
Form ACD-M4(A)

CHILD AND ADULT DAY CARE FOOD PROGRAM
MENU PLANNING FORM

For the Week of
NOV 9 - 13 20 26

Vivian B. Adams
Name of Center

Week 2

Meals and Required Components	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Juice/Fruit/Vegetable	Juice 100%	Juice 100%	Juice 100%	Juice 100%	Juice 100%
Grains/Breads (2 servings)	Cereal	Breakfast Burrito	Cereal	Steak Biscuit/ Jelly	Cereal
Fruit	Banana	Mixed Fruit Cup	Diced Peach Cup	Applesauce cup	Mixed Fruit Cup
WW					
LUNCH/SUPPER Milk, fluid	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%	Low Fat Milk Fat Free 1%
Meat/Meat Alternate	**Pizza**	**Crispitos**	**Chicken Wings**	**Hamburger**	**Chicken Poppers**
Vegetable/Fruit (2 or more)	**Corn**	**Sweet Potato Fries**	**Baked Potato**	**French Fries**	**Baked Sweet Potato**
	Green Salad*	**Black Eyed Peas**	**Broccoli**	**Baked Beans**	**Green Beans**
	Applesauce Cups/LEA: 4oz Juice	**Sliced Peaches/ LEA: 4oz Juice**	**Fruit Cocktail/LEA: 4oz Juice**	**Pineapple Chunks/LEA 4 oz Juice**	**Sliced Pears/LEA: 4 oz Juice**
Grains/Breads (2 or more)					
			Roll**		**Apple Muffin****
Other Foods				**Tomato /Pickles**	
Diets/~**			**No Roll****		**No Muffin****
Soft*	**LEA: Mixed Vegetables***				

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